

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



						1 10a-Exercise 11a-Fourth of July Jeopardy 2p-Let's Laugh 3:30-Stretch  Canada Day	2
3 <b>CLOSED</b> 4 <sup>TH</sup> OF JULY  Independence Day	4	5 10a-Exercise 11a-Entertainment: Lynn-Pianoman 2p-Dice 3:30-Stretch	6 10a-Exercise 11a-Bean bag toss 1p-Support dogs 2p-Bingo 3:30-Stretch	7 10a-Exercise 11a-Sing-a-long 2p-Dominos 3:30-Stretch	8 10a-Exercise 11a-Name that song 2p-Brain Quest 3:30-Stretch	9	
<b>MEAL TIMES</b> 10 <b>Breakfast</b> 6:60-9 <b>Lunch</b> 12p <b>Snacks</b> 10:30 & 4p	11 10a-Exercise 11a-Bingo 2p-Washers 3:30-Stretch	12 9a-Dr. Norlin 10a-Exercise 11a-Deal or no Deal 2p-Cards 3:30-Stretch	13 10a-Exercise 11a-Hillbilly golf 2p-Sing-a-long 3:30-Stretch	14 10a-Exercise 11a-Rob your neighbor 2p-Movie 3:30-Stretch	15 10a-Exercise 11a-Trivia 2p-Would you rather 3:30-Stretch	16	
17 10-Exercise 11a-Sing-a-long 2p-Dice games 3:30-Stretch	18 10a-Exercise 11a-Brain Quest 2p-Board games 3:30-Stretch	19 10a-Exercise 11a-Washers 1p-Support dogs 2p-Dominos 3:30-Stretch	20 10a-Exercise 11a-Bingo 2p-Entertainment: Sunny Side Up 3:30-Stretch	21 10a-Exercise 11a-Boost your brain 2p-What's your choice 3:30-Stretch	22	23	
<b>Social Hours</b> Days @ 9-10a 1-2p 4-6p	24 10a-Exercise 11a-Rob your Neighbor 2p-Cards 3:30-Stretch	25 10a-Exercise 11a-Dice games 1:30-Entertainment Anita Marie 2:30-Did you know? 3:30-Stretch	26 10a-Exercise 11a-Bingo 2p-Would you rather 3:30-Stretch	27 10a-Exercise 11a-Sing-a-long 2p-Dice games 3:30-Stretch	28 10a-Exercise 11a-Name that song 2p-Brain Quest 3:30-Stretch	29	30



\*\*Alzheimers Support Group – 2<sup>nd</sup> Thursday of the Month 6:30-7:30p\*\*

\*\* All activities are subject to change\*\*